

MEGAN S. NICKRENT, M.S.

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EDUCATION

University of Illinois at Urbana-Champaign

Master of Science in Kinesiology

2011-2012

Thesis: "Effect of Differing Intensities of Exercise on Affect and Enjoyment"

University of Illinois at Urbana-Champaign

Bachelor of Science in Kinesiology

2008-2010

PROFESSIONAL EXPERIENCE

University of Illinois at Urbana-Champaign

Human Factors and Aging Laboratory

Research Laboratory Coordinator

2020 - Present

2017-2018

TEACHING EXPERIENCE

University of Illinois at Urbana-Champaign

Guest Lecture – "Research in the Human Factors and Aging Laboratory"

December 5, 2017

I-Health 240: Aging and Health Policy

University of Illinois at Urbana-Champaign

Teaching Assistant

2011 – 2012

Kinesiology 340: Sociology and Psychology of Physical Activity

University of Illinois at Urbana-Champaign

Teaching Assistant

2011

Kinesiology 140: Social Science of Human Movement

PUBLICATIONS

Petruzzello, S.J., Mattila, T.A., Poh, P.Y.S., & **Nickrent, M.** (2013). Taking stock of where we stand in understanding mind/body interactions in the exercise domain. In J.M. Rippe (Ed.), *Lifestyle Medicine, 2nd edition* (pp. 1353-1366). Taylor & Francis.

Pilutti, L.A., Greenlee, T.A., Motl, R.W., **Nickrent, M.S.**, & Petruzzello, S.J.. (2013). Effects of exercise training on fatigue in multiple sclerosis: A meta-analysis. *Psychosomatic Medicine*, 75(6), 575-580.

Mattila, T.A., **Nickrent, M.**, Pilutti, L.A., Motl, R.W., & Petruzzello, S.J. (2012). Chronic exercise training effects on fatigue in Multiple Sclerosis: A meta-analysis. *Medicine & Science in Sports & Exercise*, 44 (Supplement), S273.

Petruzzello, S.J., Nekoliczak, A., **Nickrent, M.**, & Mattila, T.A. (2012). Effect of differing intensities of exercise on affect and enjoyment. *Medicine & Science in Sports & Exercise*, 44 (Supplement), S224.

CURRENT CERTIFICATIONS & TRAININGS

Collaborative Institutional Training Initiative (CITI)
Course in the Protection of Human Subjects Social and Behavioral Research
Social and Behavioral Responsible Conduct of Research Course 1
GCP – Social and Behavioral Research Best Practices for Clinical Research
Research and HIPAA Privacy Protections
Montreal Cognitive Assessment (MoCA) Training & Certification
REDCap HIPAA Training
University of Illinois System Purchasing Card (P-Card) Certification Course
University of Illinois System Travel Card (T-Card) Certification Course

OTHER EXPERIENCE

Top Star Training Center, Champaign, IL	
Competitive Cheerleading Coach	2009 – 2012
Trampoline and Tumbling Coach	2009 – 2012

SKILLS AND KNOWLEDGE

Illinois Box
Illinois REDCap
Knowledge of Older Adults
Knowledge of Research Methods
Microsoft Office Software
My-UI-Financials
TEM System