

MEGAN S. NICKRENT, M.S.

nickrent@illinois.edu

EDUCATION

University of Illinois Urbana-Champaign
Master of Science in Kinesiology 2011-2012
Thesis: "Effect of Differing Intensities of Exercise on Affect and Enjoyment"

University of Illinois Urbana-Champaign
Bachelor of Science in Kinesiology 2008-2010

PROFESSIONAL EXPERIENCE

University of Illinois Urbana-Champaign
Human Factors and Aging Laboratory
Assistant Director 2023 - Present
Research Laboratory Coordinator 2020 - 2023
2017-2018

PROFESSIONAL DEVELOPMENT

University of Illinois Urbana-Champaign
Emerging Women Leaders 2023-2024

Gies College of Business, University of Illinois
BADM 508: Leadership and Teams 2023
BADM 509: Managing Organizations 2022

TEACHING EXPERIENCE

University of Illinois Urbana-Champaign
Guest Lecture – "Research in the Human Factors and Aging Laboratory" December 5, 2017
I-Health 240: Aging and Health Policy

University of Illinois Urbana-Champaign
Teaching Assistant 2011 – 2012
Kinesiology 340: Sociology and Psychology of Physical Activity

University of Illinois Urbana-Champaign
Teaching Assistant 2011
Kinesiology 140: Social Science of Human Movement

PUBLICATIONS

Petruzzello, S.J., Mattila, T.A., Poh, P.Y.S., & Nickrent, M. (2013). Taking stock of where we stand in understanding mind/body interactions in the exercise domain. In J.M. Rippe (Ed.), *Lifestyle Medicine, 2nd edition* (pp. 1353-1366). Taylor & Francis.

Pilutti, L.A., Greenlee, T.A., Motl, R.W., Nickrent, M.S., & Petruzzello, S.J.. (2013). Effects of exercise training on fatigue in multiple sclerosis: A meta- analysis. *Psychosomatic Medicine, 75*(6), 575-580.

Mattila, T.A., **Nickrent, M.**, Pilutti, L.A., Motl, R.W., & Petruzzello, S.J. (2012). Chronic exercise training effects on fatigue in Multiple Sclerosis: A meta- analysis. *Medicine & Science in Sports & Exercise, 44 (Supplement)*, S273.

Petruzzello, S.J., Nekoliczak, A., **Nickrent, M.**, & Mattila, T.A. (2012). Effect of differing intensities of exercise on affect and enjoyment. *Medicine & Science in Sports & Exercise, 44 (Supplement)*, S224.

CURRENT CERTIFICATIONS & TRAININGS

Collaborative Institutional Training Initiative (CITI)
Course in the Protection of Human Subjects Social and Behavioral Research
Social and Behavioral Responsible Conduct of Research Course 1
GCP – Social and Behavioral Research Best Practices for Clinical Research
Research and HIPAA Privacy Protections
Montreal Cognitive Assessment (MoCA) Training & Certification
REDCap HIPAA Training
University of Illinois System Purchasing Card (P-Card) Certification Course
University of Illinois System Travel Card (T-Card) Certification Course

OTHER EXPERIENCE

Our Lady of the Lake Church, Mahomet, IL 4th Grade Religious Education Volunteer Teacher	2021 - Present
Ministry of Motherhood, Mahomet, IL Head Discussion Group Leader	2021 - 2022
Discussion Group Leader	2019 - 2021
Top Star Training Center, Champaign, IL Competitive Cheerleading Coach	2009 – 2012
Trampoline and Tumbling Coach	2009 – 2012

SKILLS AND KNOWLEDGE

Chrome River
Illinois Box
Illinois
REDCap
Knowledge of Older Adults
Knowledge of Research Methods
Microsoft Office Software
My-UI-Financials
Photoshop
Word Press